



From Your Parish

October 2021

What if every action you made, no matter how small, was as full of love as possible? That question was at the center of St. Thérèse of Lisieux' life. October begins with her feast day, reminding us that no action is too tiny, no part of us too insignificant, no relationship, no struggle, no dream, no doubt too small to be offered to God in love.

May these ten bursts of inspiration help you fill even the smallest things with great love!

Inspiration from St. Thérèse of Lisieux!

“Remember that nothing is small in the eyes of God. Do all that you do with love.”

You deserve to be heard...

Over 70,000 Catholics have taken the Annual Catholic Survey! Lend your voice to the largest survey of Catholics ever [here!](#)

God wants you to dream!

Who inspires you—living or dead—and do you spend enough time with those people?

Virtue in focus.

Patience is the capacity to accept or tolerate delay, trouble or suffering without getting angry or upset. Who are the most patient people you know? How do they practice patience? What are three ways you can become a more patient person?

A burst of wisdom!

[The top 24 regrets of people who are dying.](#)

For the young and young at heart...

We may wander away, but [God never stops searching for us.](#)

For those seeking healing and forgiveness for past pains...

“Approach those pains from the past with someone else. Seek out a caring, confidential friend, an excellent priest, or a trained counselor. There is strength in the presence of a listening, attentive person. You are not alone. Studies ever show that sharing your pain with someone else helps your brain begin to rewire itself.”—Allen Hunt, taken from *Everybody Needs to Forgive Somebody*. Get the book for free [here.](#)

We become the books we read...

Culture eats strategy for breakfast. Learn why—and how you can make a major difference in your organization. [Get the discounted book.](#) [Watch the video.](#)

Feed Your Soul!

Take your Sunday experience to the next level with [this 6-minute reflection](#) on this Sunday's Gospel.

Let's Pray!

May today there be peace within. May you trust God that you are exactly where you are meant to be. May you not forget the infinite possibilities that are born of faith. May you use those gifts that you have received, and pass on the love that has been given to you. May you be content knowing you are a child of God. Let this presence settle into your bones, and allow your soul the freedom to sing, dance, praise and love. It is there for each and every one of us. Amen. - Prayer of St. Thérèse of Lisieux

For more information on this email and our partnership with Dynamic Catholic [check out this video.](#)